

LUNCH

WEEK 1

W/C 23/02, 16/03, 13/04, 04/05, 15/06, 06/07

ON A
FRESH FOOD
MISSION

EAT WELL
LIVE NICE

MY
LUNCH
MY
WAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese & Tomato Pizza (V) & Wedges	(N) Keema Samosa(S) & Turmeric Rice	Chicken Shawarma & Roast Potatoes	N) Chilli Con Carne, Rice (S)	Battered Pollock, Chips
MAIN 2	Leek & Cheese Pie & Wedges (V)	(N) Creamy Mushroom & Pasta Ragout (VE) (S)	Pasta Arrabbiata Garlic Bread (V)	Southern Baked Halloumi Burger, Wedges(V)	K Dog, Chips (VE)
REAL FOOD FAST	Loaded Meatball Sub (V)	(N) Chicken Banh Mi	Roast Chicken Dinner Baguette	Loaded Punjabi Masala Wedges (VE)	Loaded Red Pepper Pizza (V)
VEG	Sweetcorn (VE)	Peas (VE)	Carrots (VE)	Broccoli (VE)	Peas or Baked Beans (VE)

**MEAL DEAL
MAIN MEAL & DESSERT**

**ONLY
£2.60**

AVAILABLE DAILY

Jacket potatoes with a choice of two toppings, mixed salad bar & deli grab & go offer. Vegetarian and vegan options available.

DESSERTS

Choice of fresh seasonal fruit (cut or whole), flavoured yoghurts or dessert of the day. Vegetarian and vegan options available.

MENU KEY

Vegetarian (V), Vegan & Planet Friendly (VE), New (N), Spiced (S)

**THE
KITCHENEERS**



LUNCH

WEEK 2

W/C 02/03, 23/03, 20/04, 11/05, 01/06, 22/06, 13/07

ON A
FRESH FOOD
MISSION

EAT WELL
LIVE NICE

MY
LUNCH
MY
WAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Succulent American Big Burger, Wedges (V)	BBQ Chicken, Rice,	Chicken & Veg Puff Pastry Pie Roast Potatoes	Traditional Lasagne Garlic Bread	Oven Baked Battered Pollock & Chips
MAIN 2	Cauliflower & Broccoli Pasta Bake (V)	Sweet Potato & Chickpea Curry, Rice(VE)	Summer Veg Taco (V)	Spicy Enchilada, Pea Guacamole (S), Rice	(N) BBQ Bean & Cheese Pasty, Chips (V)
REAL FOOD FAST	Chilli Burrito (V)	Chicken Fajita (S)	Roast Chicken Dinner Baguette	Thai Green Chicken Noodles(S)	Korean Chicken Burger
VEG	Sweetcorn (VE)	Broccoli (VE)	Savoy Cabbage & Carrots (VE)	Green Beans (VE)	Peas or Baked Beans (VE)

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**THE
KITCHENEERS**



LUNCH

WEEK 3

W/C 09/03, 27/04, 18/05, 08/06, 29/06

ON A
FRESH FOOD
MISSION

EAT WELL
LIVE NICE

MY
LUNCH
MY
WAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Mac n Cheese (V)	Hot & Spicy Wings, Wedges	Teriyaki Chicken & Noodles	Spaghetti Bolognese & Garlic Bread	Oven Baked Pollock, Chips
MAIN 2	Sweet Potato & Bean Jalfrezi & Rice (VE) (V)	Chilli Bean Tortilla Stack, Wedges(V)	(N) Summer Quiche Roast Potatoes (V)	Sloppy Joes Garlic Bread (V)	Southern Fried Slaw Bowl, Chips (VE)
REAL FOOD FAST	Authentic Tikka Pitta(V)	Beef Chilli Nachos (S)	Roast Chicken Dinner Baguette	Carbonara Pizza	Buddha Bowl Quorn Fillets (VE)
VEG	Green Beans (VE)	Sweetcorn (VE)	Savoy Cabbage, Carrots (VE)	Roasted Veg (VE)	Peas or Baked Beans (VE)

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Vegetarian (V), Vegan & Planet Friendly (VE), New (N), Spiced (S)

**THE
KITCHENEERS**

