

PSHE Curriculum Overview

Links to KS2		PSHE at Highworth Warneford School will build on the statutory Relationships and Sex education and Health education that pupils have looked at in Key Stage 1 and 2. They will also develop their knowledge and understanding of the Citizenship topics as part of the National Curriculum. In line with many of our primary schools we base our PSHE on three key themes: Relationships, Living in the wider world and Health and Wellbeing. Each Year group will spend one term looking at Careers education. PSHE includes many opportunities to look at SMSC and British Values.					
Intent	Statement of Intent	Our Personal, Social, Health and Economic (PSHE) and Careers curriculum has been built with the aim to support the personal development of the 'whole child', by helping them to understand how they are developing emotionally, physically and socially. At the heart of PSHE is the school aim to inspire all pupils to provide them with the knowledge, understanding, attitudes, values and skills they need in order to reach their full potential as individuals and within the community. Pupils are encouraged to make informed decisions about relationships, health, economic wellbeing and future choices. The PSHE curriculum covers the three core topics: Health and Wellbeing, Sex and Relationships and Living in the Wider World. Within these topics pupils will explore British Values and Spiritual, Moral, Social and Cultural (SMSC) issues as well as covering the statutory Relationships and Sex education) and Health education, Citizenship and Careers programme. Throughout the PSHE Curriculum we echo the whole school values of Integrity, Challenge and Excellence					
	Timeline	Term 1 - 7 Weeks	Term 2 - 7 Weeks	Term 3 - 7 Weeks	Term 4 - 6 Weeks	Term 5 - 5 Weeks	Term 6 - 6 Weeks
Implementation Year 7	Year Overview	Year 7 begins by introducing them to the PSHE curriculum. They will cover two Citizenship units, two Health and Wellbeing units which cover the statutory Health content. They will spend a term covering a unit about 'Growing up' and a careers based topic.					
	SOW	Starting HWS!	Health and Wellbeing How do I look after myself?	Living in the wider world Democracy and government	Health and Wellbeing Drugs, alcohol and tobacco	Relationships (RSE) Growing up	Careers
	Unit Focus	First week at HWS Journey to School Making friends HWS Values Being an HWS citizen	Managing stress Hand washing Sleep Healthy Eating Tracking	What is democracy? The role of a MP Political parties of the UK Internet safety day	Focus- Smoking, The law Intro to drugs Legal drugs Drugs and the law Smoking & Vaping Tracking	Puberty Personal hygiene Periods Relationships Dental hygiene	My skills and strengths
Implementation Year 8	Year Overview	Year 8 covers three of the Citizenship units and two Health and Wellbeing units covering statutory content. They will finish the year with a careers unit.					
	SOW	Living in the wider world How do I manage my money?	Health and Wellbeing Looking after me	Living in the wider world The justice system	Health and Wellbeing Drugs, alcohol and tobacco	Living in the wider world Why is equality important?	Careers
	Unit Focus	Money Management Personal finance & debt Budgeting Tax Ethical financial choices/risks	Self esteem Exercise Eating disorders Healthy relationships Tracking Sexting	How are young people stereotyped? Protecting people How do the Police investigate a crime? How are people punished? Internet safety day	Alcohol 1 Alcohol 2 Alcohol 3 Passive smoking/ Vaping Cannabis Tracking	Equality-Protected characteristics Human Rights Refugees/Migration Sexism	Career options and introduction to Career pilot
Implementation Year 9	Year Overview						
	SOW	Living in the wider world Being a good citizen	Careers	Living in the wider world Local and national government	Health and Wellbeing Drugs, alcohol and tobacco	Relationships (RSE) Developing healthy relationships	Relationships (RSE) Protected characteristics
	Unit Focus	What does it mean to be a British citizen? Religious tolerance Freedom of Speech Mutual Respect Playing an active role in society	Career pilot programme	Options 1 Options 2 National Government Local Government Internet safety day	Binge drinking Vaping Prescription drugs Class A Drugs Addiction Tracking	RSE- Developing healthy relationships Intimate relationships Consent Contraception STIs HIV & AIDS Exploitation	Equality Act Sex, sexuality and gender as protected characteristics. Challenging Homophobia Making a pledge
Implementation Year 10	Year Overview	In Year 10 pupils will cover some key Citizenship content. There are two units on Health and Wellbeing to build on their knowledge from KS3 and two units covering the age appropriate RSE content. Year 10 will have work experience and spend a term looking at careers.					
	SOW	Health and Wellbeing Looking after ourselves and each other	Living in the wider world Social Influence	Health and Wellbeing Personal safety	Careers	Relationships (RSE) Respectful relationships	Relationships (RSE) Families
	Unit Focus	Staying healthy Mental wellness (Inc emotional wellness and reference to self-harm) Alcohol and house parties Saying No to drugs Gambling Tracking	Anti-social behaviour Knife Crime County Lines and Gangs Radicalisation Extremism	First Aid Health screening Male Health Screening Female Organ donation Internet safety day	Writing CVs and preparing for mock interviews.	Sexual harassment Sexual assault Date rape/spiking Coercive control Staying safe online-pornography	Families Pregnancy options & miscarriage Fertility & Menopause Forced marriage FGM
Implementation Year 11	Year Overview	Year 11 will begin with a careers unity on preparing for Post-16 options. They will then cover the age appropriate wellbeing topics. There will then be a final PSHE topic in Term 4 which will cover essential life skills.					
	SOW	Careers	Health and Wellbeing Exam preparation and managing time	Health and Wellbeing Looking after our mental health	Life skills		
	Unit Focus	Post- 16 options	Exam preparation Managing time Revision Tracking Mock exam	Mental health Depression Anxiety Internet safety day Safe Drive, Stay Alive	First Aid Staying safe Getting a mortgage Loans and credit cards How to vote Health screening Students to be emailed to ask if there are any topics they would like to do.		
Impact	Enrichment Opportunities	Opportunities for enrichment are school wide and include visits from our local PCSO, mock interviews and work experience as well as the opportunity to study the DoF award. We will also be arranging visits from other outside organisations and will inform parents of these events as an when they are booked.					
	Assessment	Self-Assessment	Self-Assessment	Self-Assessment	Self-Assessment	Self-Assessment	Self-Assessment
	Literacy and Numeracy links	Each topic has a list of new tier 3 vocabulary that pupils are expected to use. Many of the tasks will encourage students to develop their writing skills and there are many reading opportunities embedded. There are some numeracy based tasks within some of the topics.					
	How It is Used / Skills Set Developed / Outcomes	Many of the skills developed are part of life-long learning. PSHE at Highworth Warneford School is about enabling pupils to make informed decisions by providing them with opportunities to look at many life issues. Throughout the PSHE curriculum we echo the whole school values of Integrity, Challenge and Excellence					
Careers in the Curriculum	Each Year group will spend one term on Careers as part of the PSHE curriculum. The pupils also study modules in Citizenship which will give them an insight into what they could study if they opt for GCSE Citizenship.						