



The Park
Academies
Trust

Year 11

Key to Success

2024





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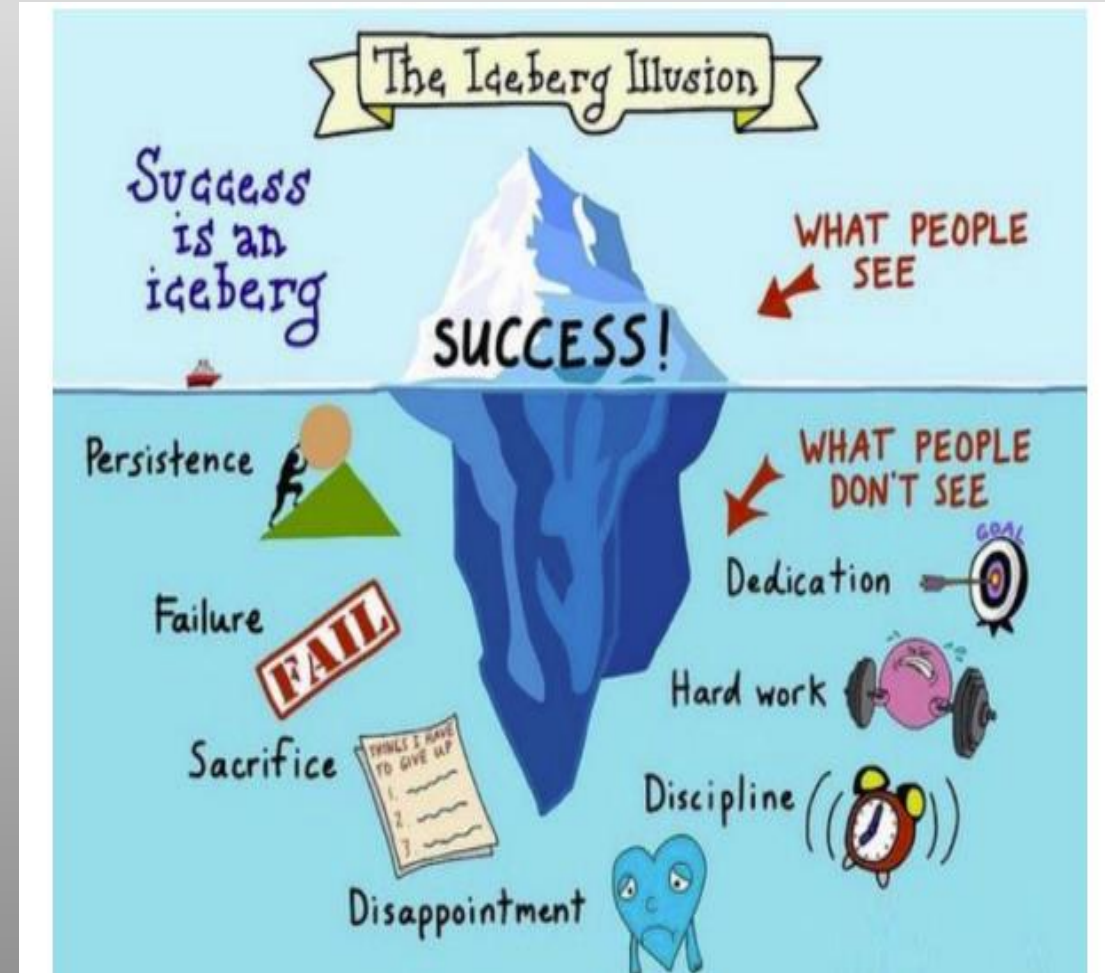
121 Days





Aims of the Session

- Offer practical advice for the **health and wellbeing** of your children.
- Explore **revision strategies and techniques** to support your child's studies.
- Consider your child's 'next step' with information from **The Park Academies Trust Sixth Form**.
- Highlight **key dates** throughout Year 11.
- Share the 'Key to Success' **subject booklet**.
- Provide the opportunity to ask any questions that may arise.





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**Mr Owen Russell
Head of The Park Academies Trust Sixth Form**



Top performing sixth form for student progress (2019) and student attainment (2022) in both Swindon and Cirencester for A level, BTEC and CTEC qualifications

TPAT Sixth Form Open Evening

“The provision for students in the sixth form is good. Students follow appropriate programmes of study, which meet requirements and are well tailored to students abilities and aspirations.”

Ofsted 2018

2024 A Level Results

A* - B 42%

A* - C 72%

A* - E 99%

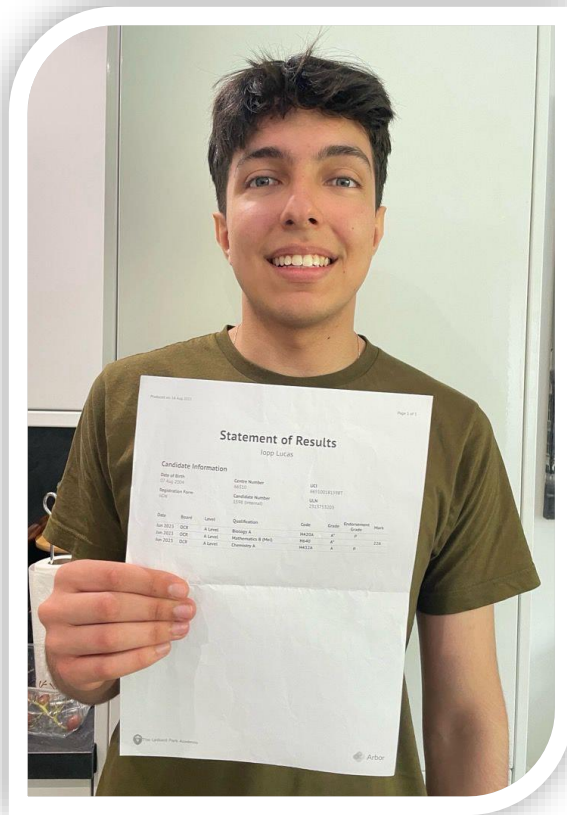
2024 Vocational Results

D* - D 57%

D* - P 100%

Destinations 2024

Lucas Iopp



“From the friends I made to the academic success I achieved by studying at this sixth form, I can say with confidence that the last two years I spent here were my best years in education. In my opinion, making friends with everyone in your year group and having close contact with teachers is key to the sixth form experience, and TPAT Sixth Form excels at providing that. Even after completing my studies the sixth form continues to support me. During my gap year I have continued to receive guidance in completing my UCAS application to study medicine and have been given the opportunity to pass on my knowledge as an academic mentor to A level science students.”

Biology – A*, Chemistry – A, Mathematics – A* & EPQ – A*

Destination: University of Oxford – Medicine

Destinations 2024



Rhys Leng

“I work for Colas Rail UK as a Degree Apprentice Project Manager in the framework and signalling department, overseeing projects anywhere in the South West and Wales region. The main project I’ll be a part of is the expansion of the Newquay area which has a budget of just over 100m.

I’ve just started this week, I attended university on Monday and Tuesday for an induction and then went to Birmingham Wednesday and Thursday for the company’s annual football tournament which, included a paid night out! It’s a great team and I think I’ll fit right in.”

Destination: Degree Apprenticeship (University of Exeter)

Project Management (Colas)

The Park Academies Trust Sixth Form

- Wide choice of A level & vocational courses on offer
- An opportunity to speak to the sixth form subject leaders
- An opportunity to speak to the sixth form team regarding:
 - High Performance Academy
 - Careers Guidance & LORIC Skills Programme
 - Destinations Programme
 - Enrichment activities
 - Sixth Form Student Union

**Free transport from North Swindon
for full time sixth form students**

More than just studying ...



Destinations – *Be Remarkable*

65% of students progress to university (2024)

(South West Average 32% / National Average 37.5%)

32% of students progressed to Russell Group universities (2024)

“Students engage with local employers to understand the world of work. The school provides impartial careers advice, including information about higher education and apprenticeships. Students develop a record of their experiences and skills that will help them in future job applications. The extensive individual guidance received by students in the sixth form means that they are aspirational about their ambitions when they leave the school.”

Ofsted 2018

Alumni 2024

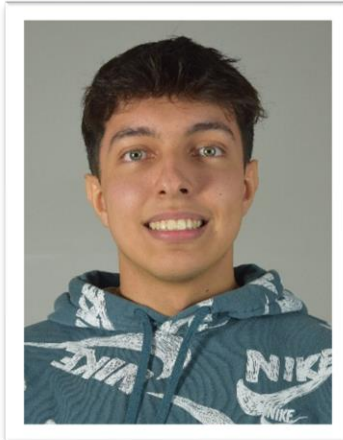
University Destinations



Erin Hartley

Cardiff University
Ancient History

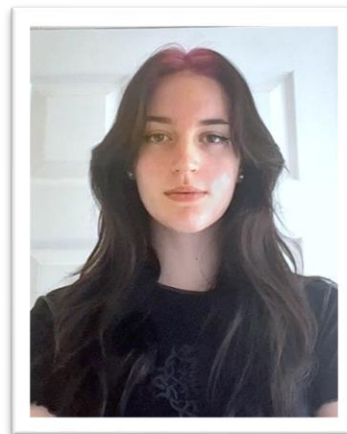
Geography (A*)
Psychology (A)
Sociology (A*)
EPQ (A*)



Lucas Iopp

University of Oxford
Medicine

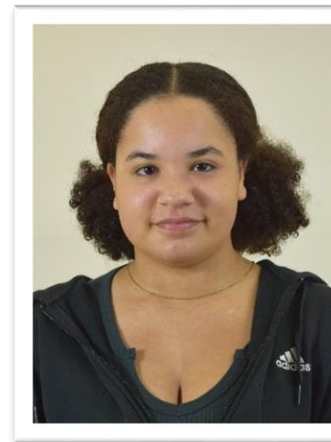
Biology (A)
Chemistry (A)
Mathematics (A)
EPQ (A)



Awen Vitale

Cardiff University
Chemistry with a Year in Industry

Biology (A)
Physics (A)
Chemistry (B)
EPQ (A)



Marissa Koudry-Oliveira

University of the Arts London
Games Art

English Literature (A)
Art: Fine (B)
Psychology (B)
EPQ (A)



George Baker

University of Sheffield
Economics

Business (A)
Economics (A)
History (A)
EPQ (A)

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**SIXTH
FORM**

Don't be anonymous...
...be remarkable



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Alumni 2024

Apprenticeships, Employment & Gap Years



Rhys Leng

Degree Apprenticeship

Project Management (University of Exeter)

Colas



Lily Thompson

Higher Apprenticeship

Accounting

Ross Brooke



Madison Crosby

Employment

Teaching Assistant

The Park Academies Trust (LPA)



Lydiard Park Academy
Potential into Performance



Bobby Trivett

Higher Apprenticeship

Accounting

McGills Chartered Accountants



Samuel Waitathu

Gap Year: Volunteering & Employment

Academic Mentor & Health Care Assistant

TPAT Sixth Form & Great Western Hospital



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SIXTH FORM

Don't be anonymous...
...be remarkable



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Future Events

HWS Sixth Form Experience Day: Wednesday 6th November

Sixth Form Open Evening: Tuesday 12th November (6:00pm-7:30pm)

“The school knows students in the sixth form as individuals and supports them to achieve well in their chosen qualifications.”

Ofsted 2023



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Health and Wellbeing

How can you help your child and prepare them to do their very best?





Each day you can support your child to make choices which can impact how they perform during Year 11 and the exam period.

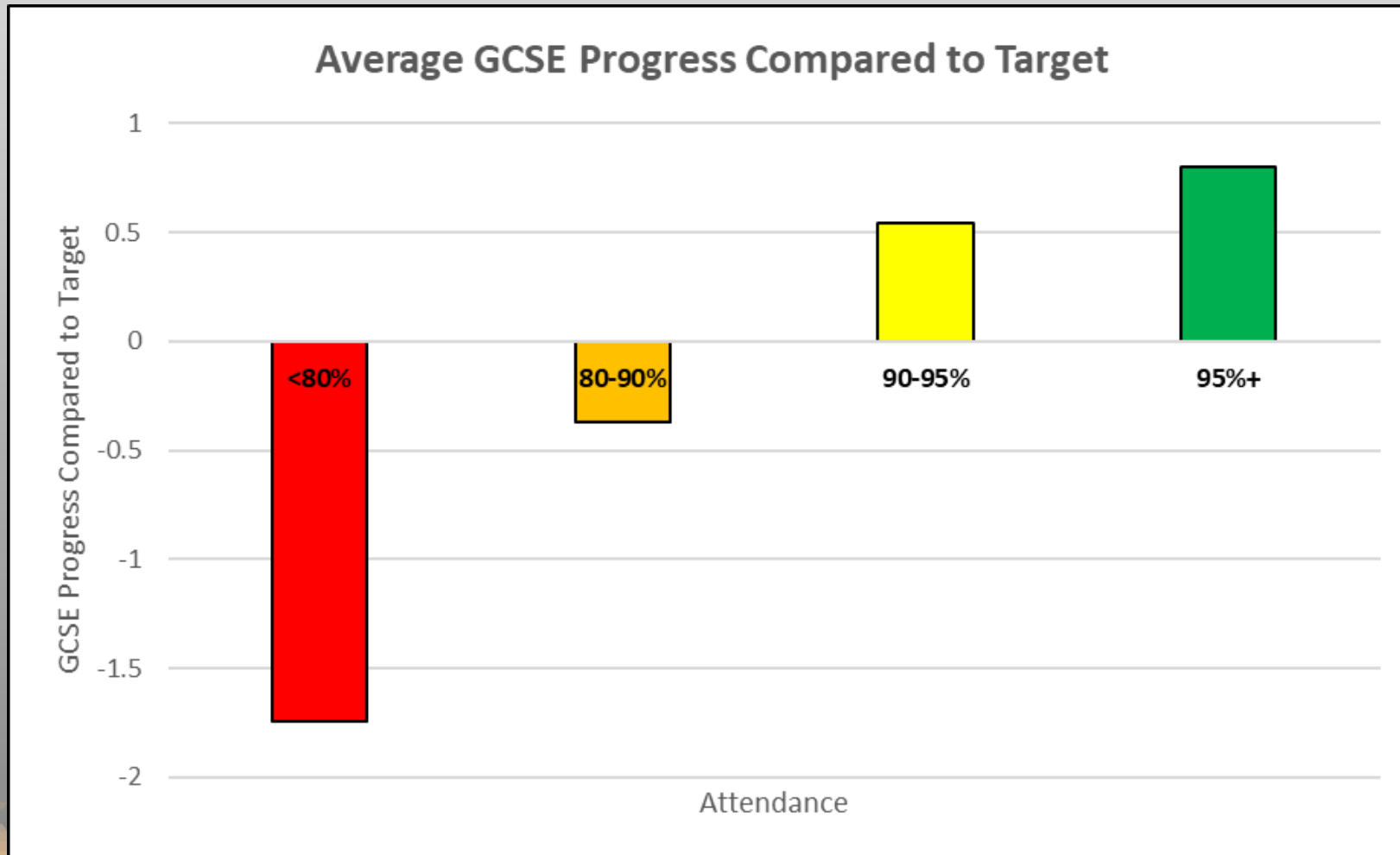
1. Attendance
2. Set goals
3. Be active
4. Healthy eating
5. Plan time out activities
6. Sleep patterns
7. Unplugging
8. Manage anxiety, but build resilience
9. Be a positive role model by staying cool, calm and providing belief.

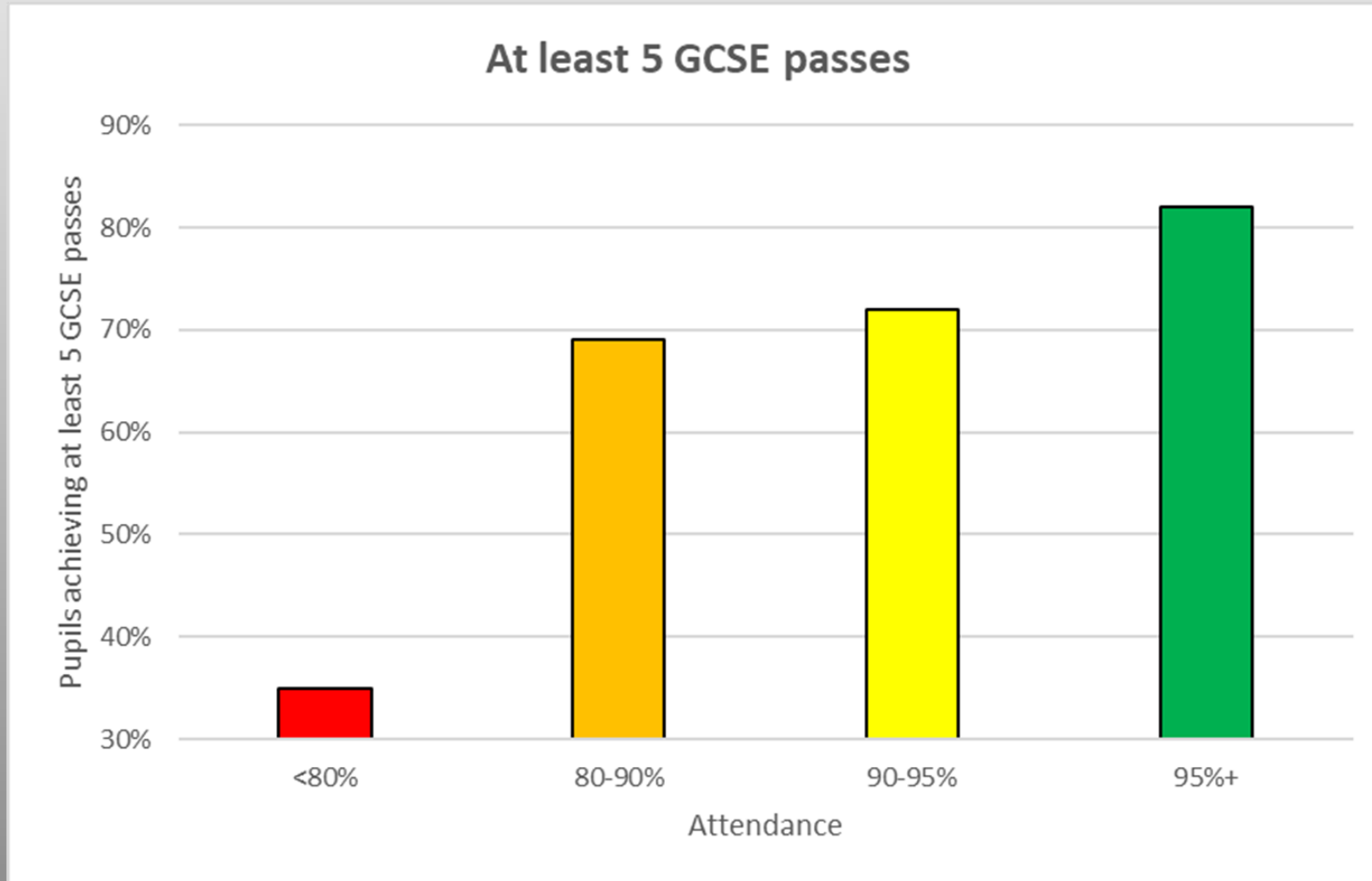


Attendance



- Attendance is vital – every day missed equates to 5 hours of learning/course content.







Goal Setting

- Make them specific and achievable. Have high but realistic expectations.
- Encourage them to keep their goals planner visible – e.g. printed and displayed on their bedroom wall
- Help focus them and talk to them about their goals regularly
- Give positive reinforcement
- Connect with them about ‘why’ and ‘what’ they want to achieve





Sleep



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- Young people need between 8 – 9 hours sleep per night
- Help your child create a relaxing evening routine
- Make sure they don't eat too late at night
- Avoid giving them caffeine or sugary drinks late at night
- Make sure they don't work or revise too late before going to bed





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Unplugging

- Encourage them to unplug from technology everyday
- Help them switch off from technology at least 1 hr before going to sleep
- Make sure they put their phone away, & on silent, while they are concentrating on tasks / revision / homework
- **Choose some time each day/week to switch off and unplug from technology with them**





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Anxiety and Resilience

- Create a relaxing environment for your child
- Help them plan out coping strategies to deal with their stress
- Give them positive distractions away from studying
- Help them understand their stress & to focus on controlling the controllables
- Promote a balance of their academic studies & other activities during the week

- Resilience is withstanding and recovering from difficulties.
- Recognise there will be challenges. Support children through this but don't adopt a 'it doesn't matter' attitude. Avoid immediately stepping in to solve problems for them.



Belief



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- Engage with them and be interested in their day
- Boost their confidence whenever you can
- Celebrate any successes
- Show them how proud of them you are
- Give them a hug!





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Mr Andrew Barton
Head of English

Revision
Little and often...and well.





English Revision Plan – 23/24

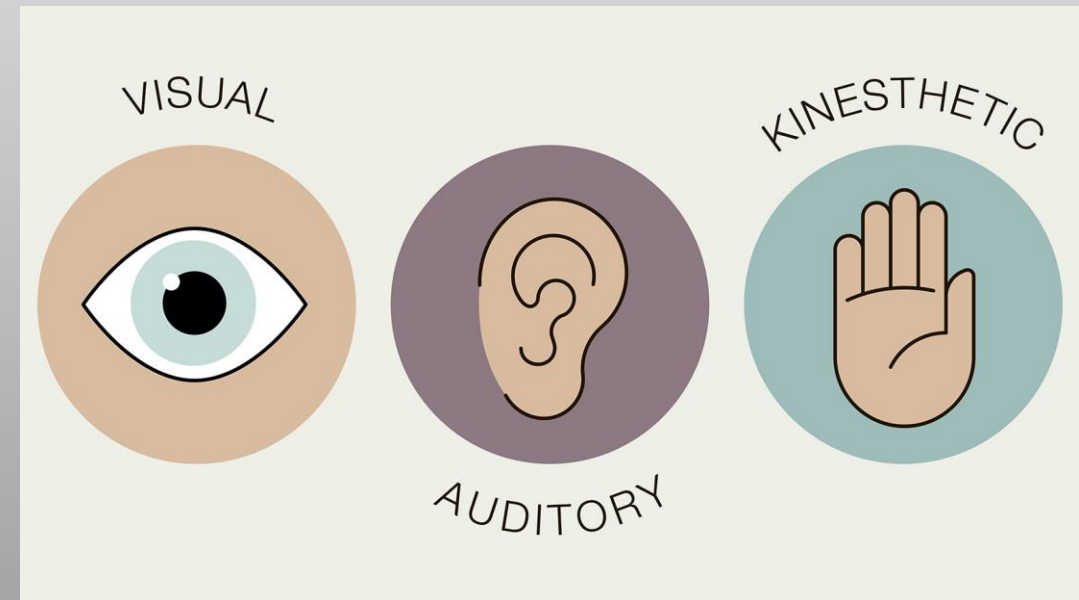
- Cumulative Quote Learning.
 - 1 quote in week 1.
 - 2 quotes in week 2.
 - 3 quotes in week 3.
 - ...
 - 23 quotes in week 23.
- Makes the insurmountable manageable.
- Gives 'time back' to revise purposefully.





VAK Learning Styles

- Visual.
 - Images, observing processes, mind-maps.
 - Auditory.
 - Voice notes, audio revision guides, podcasts.
 - Kinaesthetic.
 - Creating any of the above, look-cover-check, practising.
-
- Not black and white one-stop shop.
 - Best for identifying methods to avoid.





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The Mind Palace

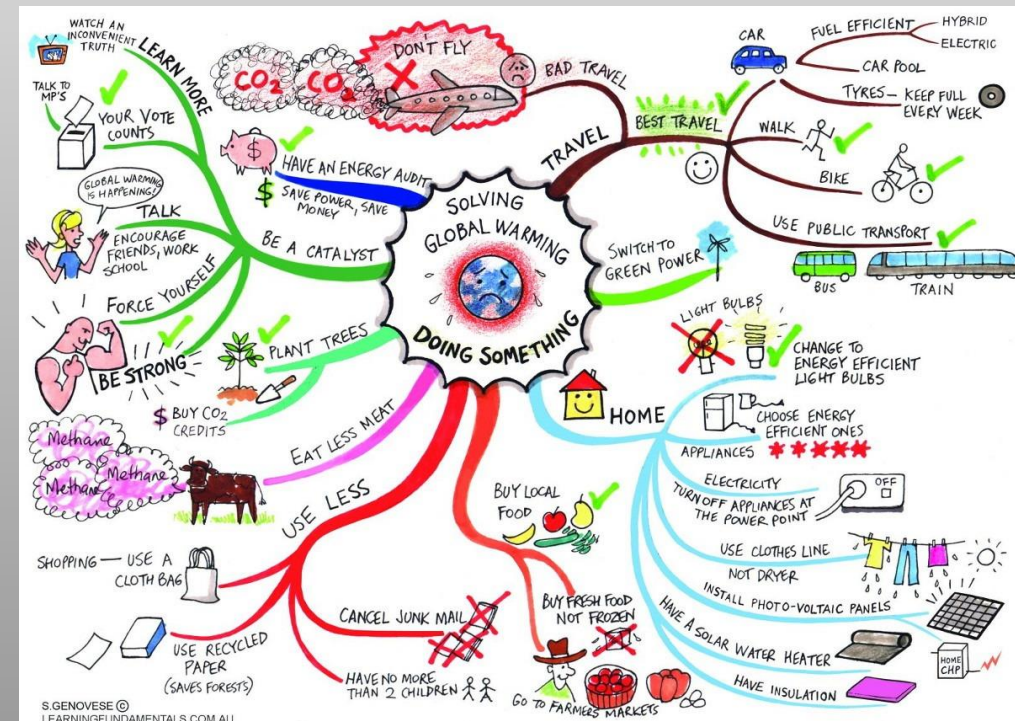
- A journey through a familiar place with unfamiliar objects placed in your path.
- Objects trigger content being remembered.
- Requires time in preparation.
- Extremely strong results in long-term memory tests.
- Don't let them tell you they're doing it without proving it.





The Mind-Map

- A visible 'map' of all the knowledge in a certain unit or subject.
- Highly visual, but kinesthetic in its creation.
- Excellent for connecting and linking ideas across and between units.
- Dynamic to suit the learner and the subject.
- Integrates words, images and colour.
- One of Derren Brown's favourite techniques.





House of Post-its

- Post-its placed on surfaces of frequently visited places or used items in the room / house.
- Use post-its as a 'pass' to interact with that area/object.
 - E.g. Must say the sentence on the post-it on the biscuit cupboard to open it to get a biscuit.
- Simultaneously visual and kinesthetic.
- Revision takes place in the creation and use.
- Messy!





Low Stakes Testing

- Any form of short, quick test or quiz.
 - Administered by self.
 - Administered by you / another family member.
- Look-cover-check is an easy self-administered one.
 - Look at the information.
 - Remove the information and write down what you remember.
 - Check and correct.
 - Repeat.
- Benefits all as long as it's happening.





Revision Timetable

- Much like a school timetable, scheduling exact revision slots at home provides structure.
- Always schedule it around family routines and extra-curricular activities, within reason.
- Provides accountability.
- Removes pressure.
- Ensures parity across subjects.
- Basis for organising resources.
- Needs to be stuck to.

STUDY SCHEDULE Week 0

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8AM							
9AM							
10AM	Math	Psychology		Chemistry	Math		
11AM							
12PM						Chemistry	
1PM			Math				
2PM		English			Biology		
3PM	Biology			English		French	
4PM							Math
5PM		French			Psychology		
6PM			Biology				
7PM							
8PM	Chemistry						English
9PM							
10PM							



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Key Principles

- 'Little and often...and well' is best.
- 'Well' depends on experimentation, self-awareness and honesty.
- Structuring revision around routines and learning habits is essential.
- Collaborate wherever possible.
- Investment from all – student, parent, family, school.
- Discipline.
- Dinner time conversations.





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Key to Success Subject Booklet





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- Exam board
- Future progression
- Recommended revision resources/guides
- Year 11 mock content
- Key Dates



GCSE: Mathematics

Exam Board

GCSE Maths is with the OCR exam board. Milestone assessments will occur throughout Year 10 and 11 and will be used to monitor progress. After each major unit, topics will be revisited as required.

Future Progression

Pupils can go to sixth form to study A level Maths, and the most able students may consider A level Further Maths. These are very academic A levels and would strongly support a University application.

Maths opens the door to many career opportunities including Finance, Banking Underwriting, Consultancy, Game Design, Accountancy and Engineering.

Recommend revision resources/guides

Pupils should use the website www.mathswatch.co.uk for their revision:

Username: 20SurnameInitial@warneford [e.g. 20BloggsJ@warneford]

Password: Highworth123

Students are familiar with this website having used it throughout the lower school. They should use mathswatch regularly to help consolidate work completed in class, and not just wait to be directed to the website by their teacher.

Year 11 mocks

Students will sit three Math papers in November:

Paper 1 Calculator [33% of grade]

Paper 2 Non-Calculator [33% of grade]

Paper 3 Calculator [33% of grade]

These papers constitute a complete past paper, and could therefore contain any topic from the Math curriculum. Students should therefore revise everything from the revision list that will be shared on Class charts.

Key dates (if applicable)

Mocks: November 2024

Three 1.5 hour exam papers covering all content.

Core Mocks: March 2025

Three 1.5 hour exam papers covering all content.

Final Exam: May/June 2025

Three 1.5 hour exam papers covering all content.

Each exam paper is worth 100 marks and will take 90 minutes to complete. Papers contribute to GCSE Maths grade equally.



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Key Dates





2024

- Week Beginning 14th October – Remaining careers interviews
- 24th October – Revision skills workshops (students in day, parents in evening)
- 4th November – Languages mock speaking exams
- 6th November – Sixth Form experience day
- 12th November – Sixth Form open evening
- **19th November to 4th December – Mock exams**
- 19th December – Mock exam results

2025

- 6th – 17th January – Mock exam feedback
- Week Beginning 20th January – Mock interviews
- Week Beginning 27th January – Enterprise and Marketing pitches
- 28th January – Level 8/9 Masterclass – Deanery
- 10th February – Languages mock speaking exams
- 10th – 14th March – Core subject mock exams
- **5th May – GCSE exams begin**



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Questions

