

Overall Curricu	Ilum Goal & Inten	<u>t</u>		Key prior knowledge and sk	ills		
PF at Warneford	t is designed to sup	- port, contribute and complem	ent the core values of	Year 7 Pupils arrive to Warn	eford with a variety of differe	nt skills & knowledge,	
	-			depending on the experiences in their previous schools.			
	• • •	ompetence and knowledge in	• • •	Where possible we try to build on this by asking pupils what they have done			
activities. We also strive to ensure pupils understand the importance of physical fitness and general health. At Warneford, we encourage pupils to develop self-confidence and				previously, but safety of our	pupils is paramount. WE also	set our pupils in PE when	
				they arrive to ensure that pu	pils are getting the best possi	ble experience from every	
self-esteem thro	ough enjoyment and	d success in physical activities,	, also to develop an	lesson.			
	fair play and good s			Year 8 builds upon the skills	taught in Year 7. Pupils will be	e expected to use more	
appreciation of	iali play allu goou s	portsmansnip.		sports specific language and	to place the basic skills learnt	with success into game	
				situations.			
				Year 9 pupils continue to bu	ild on prior learning looking at	t set plays and tactics where	
				appropriate, some may also	start to officiate sports within	lessons to further increase	
				their knowledge of sport. Th	is does depend on the class a	nd the retention of skills	
	1		r	from previous years.			
	HRE	Athletics	Gymnastics and	Invasion games	Net games	Striking and fielding	
			dance				
	Health related	Athletics and OAA	Gymnastics and	Basketball, Football,	Badminton, volleyball and	Rounders and Cricket.	
	exercise		dance.	Hockey, Netball, Rugby.	Tennis.		
Topic Focus	To learn how	To focus on certain	To learn progress	To learn more complex	To learn more complex	To learn more complex	
	look after your	events in athletics and to	onto the large	skills and to build on set	skills and to build on set	skills and to build on set	
	body and	be able to do a few	apparatus in	plays and tactics.	plays and tactics.	plays and tactics.	
	maintain a	events in a fully	gymnastics and to				
	healthy	competitive situation.	create a lindy hop				
	lifestyles		routine.				
Intent	Intent – Pupils	Intent – Pupils will build	Intent – To learn the	Intent – To recap on the	Intent – To recap on the	Intent – To recap on the	
	will have a	on their knowledge and	basic movements on	basic skills for each activity	basic skills for each activity	basic skills for each activity	
What do you	good	understanding from	the large apparatus	with the correct	with the correct	with the correct	
want	knowledge of	previous years. Pupils	with all safety aspects	technique, the teacher will	technique, the teacher will	technique, the teacher will	
students to	the	will have the opportunity	covered. To be able to	then recap more complex	then recap more complex	then recap more complex	
know and	components of	to fill in gaps in their	create short routines	practice situations to	practice situations to	practice situations to	
learn?	fitness and	knowledge and to be	using the basic	consolidate knowledge.	consolidate knowledge.	consolidate knowledge.	
	how they are	placed into a fully	movements combined	Teachers will also bring in	Teachers will also bring in	Teachers will also bring in	
	used in certain	competitive situation	with more complex	thinking about tactical play	thinking about tactical play	thinking about tactical play	
	sports. Also,	throughout the module.	movement and	and positions. For the	and positions. For the	and positions. For the	
	there is a range		specific movements	more able pupils they may	more able pupils they may	more able pupils they may	
	of fitness types		taught on each part of	be asked to officiate or	be asked to officiate or	be asked to officiate or	
	delivered to		the apparatus.	help to coach those who	help to coach those who	help to coach those who	



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		ompetence and knowledge in		depending on the experiences in their previous schools.		
				Where possible we try to build on this by asking pupils what they have done		
activities. We also strive to ensure pupils understand the importance of physical fitness				previously, but safety of our	pupils is paramount. WE also	set our pupils in PE when
and general hea	lth. At Warneford, v	we encourage pupils to develo	op self-confidence and	they arrive to ensure that pu	upils are getting the best possi	ble experience from every
self-esteem thro	ough enjoyment and	success in physical activities,	, also to develop an	lesson.		
appreciation of t	fair play and good s	portsmanship		-	taught in Year 7. Pupils will be	-
		portonianonipi		sports specific language and	to place the basic skills learnt	with success into game
				situations.		
					ild on prior learning looking a	
					start to officiate sports within	
					is does depend on the class a	nd the retention of skills
	1		Γ	from previous years.	ſ	
	HRE	Athletics	Gymnastics and	Invasion games	Net games	Striking and fielding
			dance			
	increase pupil		To be able to	are less able than	are less able than	are less able than
	participation		experience	themselves in a	themselves in a	themselves in a
	inside and		performing as a group	collaborative way. For	collaborative way. For	collaborative way. For
	outside of		of individuals. To	lower sets this may still be	lower sets this may still be	lower sets this may still be
	school.		learn basic dance	a conditioned game for	a conditioned game for	a conditioned game for
			movements in the	safety reasons.	safety reasons.	safety reasons.
			style of lindy hope			
			and be creative with			
			their choreography			
			and the lift section.			
Summary of	To understand	To understand the	To know the basic	Pupils will recap the basic	Pupils will recap the basic	Pupils will recap the basic
key	how different	technique and safety	components that are	skills needed to play each	skills needed to play each	skills needed to play each
knowledge &	exercises and	points in relation to	needed to create a	game. These skills will be	game. These skills will be	game. These skills will be
skills	types of	throwing events. To	routine in gymnastics	placed into competitive	placed into competitive	placed into competitive
	exercise can	understand the run up	and dance. To have	games. Tactics and	games. Tactics and	games. Tactics and
	affect the body	and measuring process	confidence in	positions will need to be	positions will need to be	positions will need to be
	in a positive	for jumping events.	performing these	learnt to progress their	learnt to progress their	learnt to progress their
	way. To	To understand how a	routines.	skill level further. The	skill level further. The	skill level further. The
	understand the	fully competitive		more complex skills learnt	more complex skills learnt	more complex skills learnt
	positive effects	competition is organised		in year 8 will also be used	in year 8 will also be used	in year 8 will also be used



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the school. PE h	elps develop skill. c	ompetence and knowledge in	a wide range of physical	depending on the experiences in their previous schools.				
		pupils understand the importa		Where possible we try to build on this by asking pupils what they have done previously, but safety of our pupils is paramount. WE also set our pupils in PE when				
-		we encourage pupils to develo	-	lesson.	upils are getting the best poss	sible experience from every		
	••••	d success in physical activities	, also to develop an		s taught in Year 7. Pupils will b	e expected to use more		
appreciation of f	fair play and good s	sportsmanship.		-	d to place the basic skills learn	-		
				situations.				
l					uild on prior learning looking a	at set plays and tactics where		
					start to officiate sports withi			
					his does depend on the class a			
				from previous years.				
	HRE	Athletics	Gymnastics and	Invasion games	Net games	Striking and fielding		
			dance					
	of exercise on	and will have experience		to create competitive	to create competitive	to create competitive		
	the body and	of this.		small sided games if	small sided games if	small sided games if		
	mind.			necessary.	necessary.	necessary.		
What are the	To revisit and	To know the basic	Throughout each	To know all of the basic	To know all of the basic	To know all of the basic		
opportunities	understand	techniques to	lesson the basic skills	skills and techniques. To	skills and techniques. To	skills and techniques. To		
for repetition	how different	successfully carry out	upon the apparatus	be able to show they can	be able to show they can	be able to show they can		
and over-	components of	each athletics event. To	will be taught and the	perform these in more	perform these in more	perform these in more		
learning?	fitness are	know the track lines and	repetition of the basic	complex practice	complex practice	complex practice		
	improved and	event rules.	movements and more	situations.	situations.	situations.		
	how to implement		complex movements will be recapped.					
	improvements.		In dance the basic					
	improvements.		chorographic devices					
			will be added onto					
			and repeated; if not in					
			isolation then in small					
			routines.					



Overall Curric	ulum Goal & Inten	t		Key prior knowledge and sk	<u>kills</u>	
PE at Warnefor the school. PE h activities. We a and general her self-esteem thr	d is designed to sup helps develop skill, c lso strive to ensure alth. At Warneford, rough enjoyment and fair play and good s	port, contribute and complem competence and knowledge in pupils understand the importa we encourage pupils to develo d success in physical activities, sportsmanship.	a wide range of physical ance of physical fitness op self-confidence and , also to develop an	 Year 7 Pupils arrive to Warneford with a variety of different skills & knowledge, depending on the experiences in their previous schools. Where possible we try to build on this by asking pupils what they have done previously, but safety of our pupils is paramount. WE also set our pupils in PE when they arrive to ensure that pupils are getting the best possible experience from every lesson. Year 8 builds upon the skills taught in Year 7. Pupils will be expected to use more sports specific language and to place the basic skills learnt with success into game situations. Year 9 pupils continue to build on prior learning looking at set plays and tactics wher appropriate, some may also start to officiate sports within lessons to further increase their knowledge of sport. This does depend on the class and the retention of skills from previous years. 		
	HRE	Athletics	Gymnastics and dance	Invasion games	Net games	Striking and fielding
Main common assessments	A good pupil in year 7 should be working at a level 5.	Throughout each lesson the basic skills will be added onto and more complex techniques will be taught and repeated; if not in isolation then in conditioned competition or fully competitive event. Pupils will be given a level for each activity. A good pupil in year 9 should be working at a level 5.	Pupils will be given a level for each activity. A good pupil in year 9 should be working at a level 5.	Throughout each lessons the basic skills will be added onto and repeated if not in isolation then in conditioned games or full sided game. Pupils will be given a level for each activity. A good pupil in year 9 should be working at a level 5.	Throughout each lessons the basic skills will be added onto and repeated if not in isolation then in conditioned games or full sided game. Pupils will be given a level for each activity. A good pupil in year 9 should be working at a level 5.	Throughout each lessons the basic skills will be added onto and repeated if not in isolation then in conditioned games or full sided game. Pupils will be given a level for each activity. A good pupil in year 9 should be working at a level 5.



AUBRING NO.201				1			
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the school. PE h	elps develop skill, c	ompetence and knowledge in	a wide range of physical	depending on the experiences in their previous schools. Where possible we try to build on this by asking pupils what they have done			
activities. We a	ctivities. We also strive to ensure pupils understand the importance of physical fitness				r pupils is paramount. WE als	•	
and general hea	lth. At Warneford.	we encourage pupils to develo	pp self-confidence and			ssible experience from every	
-		d success in physical activities,		lesson.	upils are getting the best po	soble experience from every	
					taught in Year 7. Pupils will	be expected to use more	
appreciation of	fair play and good s	sportsmansnip.		•	to place the basic skills lear	•	
1				situations.			
						at set plays and tactics where	
l						in lessons to further increase	
				their knowledge of sport. The	nis does depend on the class	and the retention of skills	
	HRE	Athletics	Gumpostics and	from previous years.	Not comes	Striking and fielding	
	HKE	Athletics	Gymnastics and dance	Invasion games	Net games	Striking and fielding	
			uance				
l							
l							
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l							
Extended		-	rules and six regulations	explaining why these are imp	ortant within your chosen sp	port. Include references to	
writing tasks	where you found	d out the information.					
(at least two							



	ilum Goal & Intent	<u>t</u>		Key prior knowledge and sk	<u>ills</u>			
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				situations.	to place the basic skills learnt	t with success into game		
					ild on prior learning looking at	t set plays and tactics where		
					start to officiate sports within			
					is does depend on the class a			
				from previous years.				
	HRE	Athletics	Gymnastics and	Invasion games	Net games	Striking and fielding		
			dance					
	Choose an activity you have covered in your PE lessons so far this year. Analyse your performance within your chosen activity, stating two skills that have							
per long term)	been performed	well and two that will need	improvement (make sure	e you explain, evaluate and an	alyse).	-		
per long term)	been performed Watch ten minut	well and two that will need	improvement (make sure		alyse).	-		
	been performed Watch ten minut	well and two that will need	improvement (make sure	e you explain, evaluate and an	alyse).	-		
term) Examples of opportunities	been performed Watch ten minut carried out well Health related exercise is a	well and two that will need tes of live sport on TV or the and three that need to be in Athletics again can be very dependent on the	improvement (make sure internet and then choos nproved. Pupils attempt all skills taught in	e you explain, evaluate and an e a player. Write an analysis o The basic skills are taught with slight extensions if	alyse). f their performance including The basic skills are taught with slight extensions if	three skills they have The basic skills are taught with slight extensions if		
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term) Examples of opportunities	been performed Watch ten minut carried out well Health related exercise is a wonderful topic for pupils to challenge	well and two that will need tes of live sport on TV or the and three that need to be in Athletics again can be very dependent on the individual. Target can be given in relation to times and distances for each	improvement (make sure internet and then choos proved. Pupils attempt all skills taught in gymnastics and there are alternatives or extension tasks the	e you explain, evaluate and an e a player. Write an analysis o The basic skills are taught with slight extensions if the class or an individual is able. How quickly the class progress is an indication as	The basic skills are taught with slight extensions if the class or an individual is able. How quickly the class progress is an indication as	three skills they have The basic skills are taught with slight extensions if the class or an individual is able. How quickly the class progress is an indication as		
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the school. PE he activities. We als and general heal self-esteem throu	elps develop skill, c o strive to ensure th. At Warneford,	competence and knowledg pupils understand the imp we encourage pupils to de d success in physical activi	e in a wide range of physical ortance of physical fitness evelop self-confidence and ties, also to develop an	they arrive to ensure that p lesson. Year 8 builds upon the skills sports specific language and situations. Year 9 pupils continue to bu	ces in their previous schools uild on this by asking pupils r pupils is paramount. WE al upils are getting the best po taught in Year 7. Pupils will to place the basic skills lea uild on prior learning looking start to officiate sports wit	what they have done lso set our pupils in PE when ossible experience from every I be expected to use more rnt with success into game g at set plays and tactics where hin lessons to further increase	
	HRE	Athletics	Gymnastics and dance helps those who are very good to show	Invasion games	Net games	Striking and fielding	
Links to numeracy, literacy and other subjects	Literacy – Key w		bassing and receiving used fr	ems, use of division when spli equently.	tting into teams, and measu	Iring and timing in lessons.	
Enrichment, clubs, trips and other extra- curricular activities	Opportunities to		g, cheerleading, cricket, roun netball, basketball, football,				
Opportunities f	or links to career	<u>s</u>		Opportunities for links to SMSC, PSHE, ethos and values PSHE – talks about hygiene and feminine care.			



PE at Warneford the school. PE h activities. We al and general hea self-esteem thro	elps develop skill, co so strive to ensure p Ith. At Warneford, v	oort, contribute and complem ompetence and knowledge in oupils understand the importa we encourage pupils to develo l success in physical activities,	a wide range of physical ance of physical fitness op self-confidence and	depending on the experience Where possible we try to but previously, but safety of our they arrive to ensure that put lesson. Year 8 builds upon the skills sports specific language and situations. Year 9 pupils continue to but appropriate, some may also	eford with a variety of differe	hat they have done set our pupils in PE when ible experience from every e expected to use more t with success into game t set plays and tactics where in lessons to further increase
	HRE	Athletics	Gymnastics and dance	Invasion games	Net games	Striking and fielding
Sport Business Sports Develop Fitness Instruct Outdoor Educa Performance & How can paren Look at games, Look at comple Look at tactics.	& Leisure Manage oment – such as: PE tion – such as: pers ation – such as: adv Excellence – such hts support learnin activities as a who ex skills.	-	eting or arena manager conditioning coach structor	being sympathetic towards o Values – learning values of s Ethos – Sportsmanship is de	constantly in lessons, underst	nd discipline. Now consideration for other