

LUNCH

Week 1 Commencing: 03/09. 24/09. 15/10. 12/11. 03/12. 07/01.28/01.

Autumn/Winter Feeding the imagination

* MONDAY

Chinese Chicken
with Sweet n Sour Sauce
Egg Fried Rice & Peas
Prawn Crackers

Allergen no: 2-3-4-7

* TUESDAY

Texas Mince Beef Chilli
Topped with Grated Cheese
Potato Wedges or Boiled Rice
Sweetcorn

Allergen no: 2-7

* WEDNESDAY

Roast Turkey Breast
with Sage & Onion Stuffing
Gravy, Roast Potatoes &
Seasonal Vegetables

Allergen no: 2

* THURSDAY

Wild West Cow Boy
Sausage Hot Pot
Pasta Twists
Mixed Vegetables

Allergen no: 2-13-14

* FRIDAY

Selection of Fish
Breaded & Battered
Lemon wedge Tartare sauce
Chips & Garden Peas

Allergen no: 2-4-5-7-9

Chinese Quorn Pieces
with Sweet n Sour Sauce
Egg Fried Rice & Peas
Prawn Crackers

Allergen no: 2-3-4-7-13

Texas Veggie Mince Chilli
Topped with Grated Cheese
Potato Wedges or Boiled Rice
Sweetcorn

Allergen no: 2-7-13

Succulent Roast Quorn Fillet
with Sage & Onion Stuffing
Gravy, Roast Potatoes &
Seasonal Vegetables

Allergen no: 2-4-7-13

Wild West Cow Boy
Quorn Hot Pot
Pasta Twists
Mixed Vegetables

Allergen no: 2-7-13

Red Bell Pepper
& Onion Fajitas
Chips & Garden Peas

Allergen no: 2-7

Meal to go

Battered Chicken Nuggets
Lattice Potatoes

Allergen no: 2-4-7

Meal to go

Beef Burger in a Bun
Chunky Chips

Allergen no: 2-13-14

Meal to go

French Bread Pizza Slice
Crispy Spiral Potatoes

Allergen no: 2-7

Meal to go

Jumbo Hot Dog in a Roll
Seasoned Potato Wedges

Allergen no: 2-7-13

Meal to go

Crispy Chicken Burger in a Bun
French Fries

Allergen no: 1-2

Plain Pasta
with Grated Cheese
Sun Blushed Tomato Sauce
Garlic Bread

Allergen no: 2-7

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with Grated Cheese
Sun Blushed Tomato Sauce
Garlic Bread

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with Grated Cheese
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Garlic Bread

Allergen no: 2-7

Low Fat Fruit Yoghurt

Allergen no: 7

Selection of Desserts
Available

Warm Fudge Brownie

Allergen no: 2-4-7-13

Selection of Desserts
Available

Fairy Sponge Cake

Allergen no: 2-4-7-13

Selection of Desserts
Available

Frozen Strawberry Smoothie

Allergen no:

Selection of Desserts
Available

Butter Shortbread Biscuit

Allergen no: 2-7

Selection of Desserts
Available